

The CKH Training Program

1 Entrance requirements.

The training in classical homeopathy is open to all motivated students, without any specific preliminary training.

Students should however take this training seriously, and be ready to spend the necessary time on the courses: classical homeopathy is not an easy discipline. It is on the contrary a study for the rest of one's life, which gives a lot of satisfaction. Classical homeopathy is a healing art based on the law of similars. This law of nature is not restricted to homeopathy, but in this context sometimes is called the healing art of the future.

What we expect from the student is a daily individual home study of at least one to two hours, depending on the speed and formerly acquired knowledge of the student and a basic knowledge of the English language, as this is the language of communication in homeopathy. Although all teaching is in Dutch, a number of books are only available in English and students should become familiar with the homeopathic jargon. The study will require a normal dose of self-support and some proficiency with computer applications, since documents and files will be supplied digitally as often as possible and the information about class schedules and topics will be available through the website.

In the first year, the student can read the theoretical works either in English or in Dutch (Organon of the Art of Healing, The Chronic Diseases by Hahnemann, Lectures on Homoeopathic Philosophy by Kent), but at least one of the minimum 3 Materia Medica that are used, should be in English. The student can choose to read the Materia Medica by Kent, by Boericke or by Phatak in English. During the first two years, dictionaries will have to be used very frequently. There is a special Dutch-English / English-Dutch dictionary for homeopathy, which contains all homeopathic jargon. Kent's repertory is used in English, in order to encourage all students to get familiar with the English terminology as fast as possible.

Students with a medical or paramedical degree, can be granted exemption from the medical subjects in year 1 and 2.

2 Program.

2.1 General :

The curriculum consists of :

- 100 hours of basic medical knowledge plus medical integration
- 300 hours of theory
- 120 hours of practice

2.2 Outline of the program:

2.2.1 1st year:

- 10 lessons on medical knowledge of 4 hours each about the anatomy, physiology and pathology of the 5 major systems in the body, with illustrations from the homeopathic practice
- 15 lessons of 2 hours each, i.e. totally 30 hours: 'Organon of the Art of Healing', with a class reading, synthesis and discussion of the aphorisms, using, among other works, Kent's 'Lectures on Homoeopathic Philosophy'.
- 15 lessons of 2 hours each: Materia Medica of 15 polychrests, where the students familiarize with the homeopathic tools, i.e. the different Materia Medica and the Repertory.

The students learn to make their own synthesis out of the different Materia Medica, and to make their own summary after having studied some of the major classical works and having compared some of the modern authors.

Total: 40 hours on basic medical knowledge and 60 hours on homeopathy.

2.2.1.1 Set books

Organon of the Art of Healing, S. Hahnemann.
Lectures on Homeopathic Philosophy, J.T. Kent.
Lectures on Homeopathic Materia Medica, J.T. Kent.
Homeopathic Materia Medica, W. Boericke.
Materia Medica of Homeopathic Medicines, S.R. Phatak.
The Chronic Diseases (theoretical part) S. Hahnemann.
Repertory of Homeopathic Materia Medica, J.T. Kent.
Zakwoordenboek der geneeskunde, Coëlho/ Kloosterhuis.(medical dictionary)

2.2.1.2 Recommended books

Deskriptive Anatomie, J. Sobotta.
Algemene ziekteleer, diverse auteurs.
The Healing Power of Illness, T. Dethlefsen.
Alles over homeopathie, G. Vithoukas.
The Stolen Essences, G. Vithoukas.
The Science of Homeopathy, G. Vithoukas.
Homeopathic Drug Pictures, M.L. Tyler.
Portraits of Homeopathic Medicines, C.R. Coulter.

A Homeopathic Love Story, Handley Rima.
 Introduction to the works of S. Freud.
 Introduction to the works of C. Jung.
Families: And How To Survive Them, J. Cleese/R. Skynner.
Life and How to Survive It, J. Cleese/R. Skynner.
The Teachings of Don Juan, C. Castaneda.
De levensloop van de mens, B. Lievegoed.
De wetenschap van de geheimen van de ziel, R. Steiner.
Sugar Blues, W. Duffy.
Fit for Life, H. en M. Diamond.
Klassieke Homeopathie, niet te geloven?!, Anne Vervarcke.
The Tao of Homeopathy, Ian Watson.
Cursus in Wonderen, Foundation for Inner Peace.

No syllabus is used in the course, since the aim of the training is to make the students familiar with the tools, and to learn how to study and differentiate primary and secondary sources. An important part of the training consists of making personal syntheses, and to present these in the lessons. A syllabus only represents the viewpoint of one person, whereas homeopathy on the contrary underlines and values the unique and the individual. Another reason is that during case-taking, the student should also be able to make personal notes while the patient is talking. With regard to basic medical knowledge, the students are recommended a handbook from the beginning of the training.

2.2.2 2nd year:

- 10 lessons of 4 hours each, treating the rest of the anatomy, physiology and pathology of the 5 major systems of the human body, with illustrations from the homeopathic practice.
 The medical lessons are given in a two-year cycle : the students of the 1st and the 2nd year have classes together, and part 1 is given during one year, part 2 during the other year.
- 15 lessons of 2 hours each, i.e. totally 30 hours, on homeopathic theory, with an elaborate study of *The Chronic Diseases* by Hahnemann, the various viewpoints on the miasmas, where the Greek school is illustrated by the works of Vithoukas, Geghas, Gray, Morrison, Shore and others. The south-American school is illustrated by studying the works of Ortega, Masi, and Eisayaga, and the Indian school is studied elaborately on the basis of the works of Sankaran, Chhabra, etc.
- 15 lessons of 2 hours each, i.e. totally 30 hours on *Materia Medica*, where 25 major remedies are studied. The students are expected to work more on their own, and to ground their syntheses by the repertory. Comparative repertory exercises make the students familiar with this tool.
 The students get their first paper cases in order to exercise on repertorisation and to learn how to differentiate between the remedies.

Total: 40 hours on basic medical knowledge and 60 hours on homeopathy.

2.2.2.1 Set books:

Dictionary of Materia Medica, J.H. Clarcke.
Keynotes of the Leading Remedies & Matera Medica of the Nosodes, C.H. Allen.

2.2.2.2 Recommended books:

Hahnemann Revisited, L. De Schepper.

The domestic Physician, C. Hering.
The Chronic Diseases, (practice) S. Hahnemann.
Notes on the Miasms, S. Ortega.
The Spirit of Homeopathy, R. Sankaran.
Pediatric Constitutional Types, F. Vermeulen.
Guiding Symptoms of our Materia Medica, C. Hering.
Leaders in Homeopathic Therapeutics, Nash.
Pointers to the Common Remedies, M.L.Tyler.
Masterkey to Homeopathic Materia Medica, K.C. Bhanja.
Quantum Healing, Deepak Chopra.
Esotheric psychology, T. Dethlefsen.
The Mustard Seed, Osho.
Drink mij (and many other), Osho.
Laat het verleden los, J. Krishnamurti.
De wereld dat ben jij, J. Krishnamurti.
Over opvoeding (and many other), J. Krishnamurti.
Autobiografie van een yogi, P. Yogananda.
Wie is van hout, J. Foudraine.
Bunkerbouwers, J. Foudraine.
Over de grenzen van de psychologie, Osho.
Het drama van het begaafde kind, A. Miller.
In den beginne was er opvoeding, A. Miller.
Homeopathy and Psychology, E.C. Whitmont.
Je kunt je leven helen (and many other), L. Hay.
 The works of W. Dyer.
Makrobiotiek, M. Kushi.
Gezond eten door de juiste voedselcombinaties, Shelton.
Over eten en koken, Harold Mc Gee.
Vaccinaties, het einde van een mythe, Viera Schneibner.

2.2.3 3rd year:

- Materia Medica self-study CD-Rom.
- 28 hours of Materia Medica, classical on animal kingdom.
- 3 Guest lectures.
- 2 Theme-days.

2.2.3.1 Set books

Synthetic Repertory (e.g. H. Barthel and W. Klunker) or some other repertory: The Complete of Synthesis.

2.2.3.2 Recommended books

The Esalen Conferences, G. Vithoulkas.
Aids and Syphilis: The Hidden Link, G. Vithoulkas.
Aids in het licht van de homeopathie, G. Vithoulkas.
Homoeopathy and Minerals, J. Scholten.
A synoptic Key of the Materia Medica, C.M. Boger.
Boenninghausen's Characteristics, C.M. Boger.
The Substance of Homeopathy, R. Sankaran.
The Soul of the Remedies, R. Sankaran.
De levensweg van Krishnamurti, Luytens.
The Art of Dying, Osho.
Overgave en strijd, K. Wilber.
De nieuwe werkelijkheid, K. Wilber.
Leven zonder angst, A. Löwen.

Genieten, A. Löwen.
Liefde, sex en het hart, A. Löwen.
Depressie en het lichaam, A. Löwen.
De tranen van de krokodil, P. Vroon.
Geneeskruiden (2 parts) W.F. Daems.
A Shot in the Dark, H.L. Coulter.
Pleidooi voor de aap, Johan van Dongen.
De nieuwe ziekteverwekkers, G. Cannon.
Psychoanalyse. De mens en zijn lotgevallen, A. Vergote & P. Moyaert.
On becoming a person. A therapist's view of psychotherapy, C.R. Rogers.
Steps to an Ecology of Mind, G. Bateson.
De kracht van het nu, Eckhart Tolle.
Gids Beroepsethiek, waarden, rechten en plichten in psychotherapie en hulpverlening, Mia Leijssen.
Ervaringsgerichte begeleiding van A tot Z, Wollants, G., Missiaen, C. & Leys, C.
Trauma en herstel, Judith Lewis Herman.
Mindfulness, in de maalstroom van je leven, Edel Maex.
A Journey into the human core, Dinesh Chauhan.

2.2.4 4th year:

- 14 hours of study concentrated on typology, with a study of the compound remedies, the drug remedies, the halogens, the precious metals, the mammals, birds, snakes, spiders, plant families, sea animals etc, the classification of the remedies and their characteristics.
- 21 hours on Materia Medica.
- 14 hours video cases on animal kingdom.
- 8 hours development psychology.
- 4 hours deothology.
- 4 hours active training.
- 2 Theme-days.
- Intersession weekend about ethics, practice management, what is to be cured, etc.
- 14 hours of practicum, comments on the case-taking and prognoses. Training on follow up and long-term case management.

Total: 81 hours homeopathy, of which 21 hours mainly theoretical and 60 hours purely practice-oriented and 26 hours of theory.

2.2.4.1 Recommended books

Homeopathy and the elements, J. Scholten.
The Guiding symptoms of our Materia Medica (10 parts) C. Hering.
Handbook of Materia Medica and Homeopathic Therapeutics, T.F. Allen.
A concise Repertory of Homeopathic Medicines, S.R. Phatak.
Prisma, The Arcana of Materia Medica Illuminated, F. Vermeulen.
Animal Mind, Human Voices, N. Herrick.
Crisis als uitdaging, R. Dahlke.
Een gewoon gesprek met God, N.D. Walsch.
Een nieuw gesprek met God, N.D. Walsch.
Een wereld van oneindige mogelijkheden, Deepak Chopra.
Leven in liefde, Deepak Chopra.
The Alchemy of Healing, E.C. Whitmont.
Handboek energetische geneeskunde, Richard Gerber.

The Charm of Homeopathy, Anne Vervarcke.

Dr. Rajan Sankarans Correspondence Course, 4 Volumes, Melissa Burch, Susana Aikin.

2.2.5 5th year:

- 2 Theme-days.
- 14 hours of intervision.
- 42 hours of practical training.
- 3 Guest lectures.

Total: 79 hours of homeopathy and 26 hours of theory.

2.2.5.1 Recommended books

An Insight into Plants, R.Sankaran.

Provings, R. Sankaran.

The System of Homeopathy, Rajan Sankaran.

The Sensation in Homoeopathy, Rajan Sankaran.

Evolving Homeopathy, Ph. Robbins.

A Homoeopathic Approach to cancer, A. Ramakrishnan, C.Coulter.

Materia Medica of new Homeopathic Remedies, O.A. Julian.

New Old and Forgotten Remedies, E.P. Anshutz.

Licht op de aura, B.A. Brennan.

Remedies of the Stages of Life, D. Grandgeorge.

De boodschap van water, M. Emoto.

Het licht zal je bevrijden, Norma Molanovich en Shirley Mc Cune.

The Revelation of Ramala, Ramala Centre.

Waarom mannen niet luisteren, A. en B. Pease.

The Physics of Love, D. Pond, E. Cayce, J. Keely, R.Steiner, N.Tesla.

The Field, Lynne Mac Taggart, Ankh-Hermes, Deventer, 2004.

Kosmische Visie, Ervin Laszlo.

In het diepste van de ziel is niets te zien, Jeffrey Wijnberg.

The Charm of Homeopathy, Anne Vervarcke.

The Postgraduate Annual, Anne Vervarcke.

The Visionary Window, Amit Goswami Ph.D.

3 Teachers.

Every year, several visiting lecturers give part of the colleges.
The enthusiastic permanent team of the CKH is composed of :

3.1 Christel Lombaerts,

born on 10 November 1955.

Finished her economic education in 1975. In 1996 Christel became interested in alternative medicine, and specialized in homeopathy at the CKH. From March 2004 on, she started running the secretariat of the CKH. From 1 July 2005, she is responsible for the complete administration of the CKH and the organization of the congresses.

3.2 Anne Vervarcke,

born on 15 October 1952 in Ostend.

Anne initially had an artistic training at the Royal Academy of Fine Arts in Antwerp. Later she studied oriental Philology and Social and Cultural Anthropology at the University of Leuven.

Her first training in homeopathy she had with Paul Rubbens in Turnhout in 1987. Later she completed her studies at the 'School voor Homeopathie' in Bloemendaal (now Amersfoort) where she graduated in 1991. She attended post-graduate courses with among others H. Heudens and J. Roks, as well as numerous congresses. Since 1988 Anne has a private practice in Leuven and is the driving force behind the Centrum voor Klassieke Homeopathie, where she has been teaching from 1990 on. Anne also published two books : "Klassieke Homeopathie: niet te geloven?!" (Classical Homeopathy : would you believe it ?) and "250 jaar na Hahnemann" (250 years after Hahnemann) and organized several congresses in Leuven.

For over 15 years she led the CKH and extended the training to a full-fledged 5-year cycle. She organized a number of internationally acclaimed conventions and seminars. At the moment she hosts monthly post graduate days with live and video cases in her practice. Her latest book "The Charm" is aimed at professional homeopaths and treats her latest insights on vital disturbance.

3.3 Jean-Luc Vanderlinden,

born on 27 June 1960 in Brussels.

Graduated as medical doctor at the University of Leuven in 1985, followed a year of tropical medicine, and had his homeopathic education at the Homeopathic Centre in Hechtel. In 1991 he started his own practice near Leuven, and since 1994 he takes care of the 'basic medical knowledge' as part of the training in classical homeopathy at the CKH. Since 1999, he also teaches homeopathy, with ample illustrations from practice, mainly in the higher classes. Jean-Luc also takes care of the medical lessons in the third year, an integration of the medical theory the students got till then on. He never stopped his own training in the method of Sankaran at the Bombay Group's international seminars.

3.4 Wim Serneels,

born on 20 September 1961 in Lier.

Studied commerce and used to be an ardent sportsman. Severe injuries and a convalescence of 18 months put him in touch with alternative healing methods. In 1990 he followed a 'Basic course Homeopathy' and in the same year he finished his studies as nutritionist and health consultant at the European Academy in Antwerp. In 1993 he qualified at the CKH, and started gaining his practical experience.

3.5 Peter Smolders,

born on 30 July 1950 in Groningen.

After his medical studies and the establishment of his practice as general practitioner in Rotselaar, he started studying Unitarian homeopathy at the VSU in Gent in 1984. Later on, he attended video evenings with dr. Geukens in Hechtel, and courses with dr. Vasilis Ghegas. In 1990 he studied phytotherapy at the Wetenschappelijke Vereniging voor Therapie Studie (Scientific Association for Therapy Study) in Antwerp.

In 1995 he followed a course in practical kinesiology with dr. Degroote in Brugge. He has tested this method, in cooperation with veterinary surgeon Anne Verkinderen, to find it very reliable.

3.6 Anne-Dominique Beeckmans,

born on 15 July 1973.

Finished her studies as a pharmacist at the VUB in 1997, and then started studying homeopathy in Hechtel. In September 2000, she started studying Classical Homeopathy at the CKH.

Meanwhile, she took a course in NLP and followed a training in "Biologie Totale" with Claude Sabbah.

She has had her own homeopathic practice since 1 January 2004.

3.7 Annemie Lambert,

born on 30 September 1960 in Schoten.

She graduated as master in German philology and works part-time in an organization engaged in organic farming and nutrition. In 1994 she started her studies at the CKH, and always kept completing her competences through supervision, guest lectures and seminars. She has been teaching Materia Medica and philosophy for a couple of years at the CKH and has organized a number of lectures for patient organizations. On top of that she is backed by five years of solid practice experience.

3.8 Jan De Vriendt,

born on 17 January 1965 in Ghent.

Graduated as medical doctor at the University of Leuven in 1991 and had a training as counsellor (FMS Turnhout, 1999). As military doctor he was engaged in several humanitarian missions, mainly in Africa, and he worked as a school doctor at the KMS in Brussels. He is now working as a medical officer in Holland, and has his own practice as medical counsellor (see : www.medischecounseling.be). Jan regularly gives lectures and courses on nutrition and vitality, stress, and classical and alternative medicine.

At the CKH as well as in the health counsellor's training he takes care of a teaching package on ethics, deontology and relational skills.

3.9 Bert Cools,

born on 11 October 1967. Graduated as a nurse in 1990. Worked at the Intensive Care Unit for 11 years and became very experienced with serious pathologies. He has been teaching at the Nursing Department at a Post-Secondary level since 2001. He gives his medical background a broader perspective with his additional training in evolution psychology and as a health coach. This way he gives his medical basic knowledge the touch of ‘soft medicine’.

3.10 Hilde Vanthuynne,

born 23 September 1969. Studied Pedagogical Sciences at the KULeuven. After a career as a trainer for school boards, research at the KULeuven and a trainer in the teacher program of the Karel de Grote Hogeschool she started her Classical Homeopathy training. She started her studies at the CKH under A. Vervarcke and finished the 5-year course at the School for Homeopathy under H. Heudens. Afterwards she studied with A. Geukens, Alize Timmermans and G. Vithoukas. Recently she followed the postgraduate training of ‘system compositions’ and ‘Deep Change’ with J.B. Schmidt. She has been working as an independent classical homeopath in Leuven. As board member of the Liga Homeopathica Classica she champions a solid training and recognition of classical homeopaths.

3.11 Goedele De Nolf,

born 7 June 1974. Graduated in 1997 as a Bio-Engineer in Agriculture and Environmental Economics and as an Aggregate for Education in Applied Biological Sciences at the KULeuven. She proceeded to do research and teach as an assistant at Leuven University and the university of Pittsburgh, USA. Starting in 2001 she partook in the CKH’s Classical Homeopathy training, complemented by a trainee period, post graduate training, training weeks and congresses with other homeopaths. Since November 2004 she works in a group practice.

4 Exams.

Students who have attended at least 70 % of the colleges are granted permission to sit for the exams.

The exams will be held on the date mentioned in the school timetable as the date of the exams, which consequently is known by all pupils before the beginning of the academic year. The exams on basic medical knowledge are written exams, held by the teacher basic medical knowledge. The exams in homeopathy are held on the same date.

In the first 2 years, the students only take a written exam, in the following years the students take an oral exam in basic medical knowledge, which can be prepared in writing. With regard to homeopathy, the students in the 3rd, 4th and 5th year have to hand in 2 cases at the end of the month of May, in four copies. These cases are read and evaluated by an examination board consisting of at least 3 teachers.. At the date of the exams, the students have an oral interview on their cases..

The final evaluation in the first 2 years is expressed in a percentage. Only students who got a mark of at least 50 % are admitted for the next year. In case the marks are only just satisfactory, the teachers may give the students an exercise to solve during the holidays, which may will help them in the following years.

The students are given a written evaluation of the cases. In this way the students as well as the teachers can evaluate the students' progress.

Students who can show evidence of a previous medical or paramedical training may be granted exemption from the medical subjects in the first 2 years. In this case, the enrolment fee will be reduced by 125 euro.

In the third year, all students are expected to attend the colleges and take the exams on medical integration, unless they have a medical degree. No reductions on the enrolment fee are granted in this year.

The examination marks are communicated before the end of the month of June.

In special cases, students can ask to do a re-examination at the end of the month of August. Applications for re-examinations have to be submitted with the secretariat of the CKH, and will cost an additional 70 euro.

Students who have failed the exams and who do not take a second exam, can repeat the year and take the exams again, with a cost of 125 euro.

In its final conclusions, the commission tries to be as complete as possible, and to take into account all aspects of the student's personality. This implies that the students are not only evaluated on their short-term memory. Also the attitude during the colleges, the preparations, the motivation and the participation in discussions are taken into account. In the assessment of the students, the commission also takes into account the fact that the qualities required to work as a homeopath keep developing during the training, and are part of the personal growth of the students.

Students who do not want to sit for the exams, should inform the teachers of this.

The examination papers are devised by the board of the CKH or, with regard to the medical subjects, submitted to the board for approval.

The answers, as well as a copy of the cases, will be kept by the CKH.

In the first two years the exams consist of 5 questions on philosophy (20%), 5 questions on theory (20%) and 15 questions on Materia Medica (60%).

The cases will be awarded the following marks : magna cum laude, cum laude, satisfactory, unsatisfactory, poor.

The students will be informed in due time of the practical regulations regarding the exams, such as the examination room, the allowed time, the way to answer the questions, etc.

There will be no communication regarding the results of the exams.